



Do this with a parent or  
by yourself!

# I Am Not Alone (Ages 8-12)

## The Background: Boats

I have a challenge for you! Set a timer for 3 minutes. Write down the names of as many boats as you can. Ready? Go!

3 Minutes later....

How many did you come up with? Here are some that I wrote down: rowboat, kayak, barge, houseboat, yacht, pontoon, canoe, battleship, and cruise ship. I hope you did better than me!

Well, regardless of their size and function, all boats have something in common. They can all **S**

**I**  
**N**  
**K.**

In today's narrative, the disciples are in a boat....and that boat does, in fact, begin to sink due to some powerful wind and waves. The disciples fear for their lives. Will they drown?

Fortunately, Jesus comes to the rescue. He saves them from drowning and shows His power as **TRUE GOD** over the very things He created!



## Message for the Caregiver

Many studies have been conducted to determine what fears are most common. Public speaking, pain, failure at a job, and fear of the unknown are a few fears cited by respondents.

One kind of fear, being alone, is common in both the young and old alike. It is not a fear of "place" that sparks the fear--like being alone on a tropical beach. Rather, it is the aloneness that happens because of a lack of relationships with others.

What a blessing it is to know that our Father is available to us through all our fears and that He promises to always be with us! We can turn to Him in all circumstances. In fact, He **WAITS** for us to **ASK!** And when we **TRUST** His answer, we worship Him.

## TODAY'S BIBLE TRUTH:

God says He will not leave me. I am never alone.

## Scripture:

"God has said, 'I will never leave you. I will never desert you.'" Hebrews 13:5

## The Bible Narrative (Pick 1):

- Watch it! <https://youtu.be/ZzPwRXytr7U>
- Read it! [Luke 8:22-25](#)

## What This Means for You:

There will be times when you feel just like the disciples—alone, scared, and hopeless. But God is **THERE!** He can completely take care of the problem in a way that is best for you! He has also blessed you with supports here on earth—pastors, teachers, community workers, family, and friends. First, reach out to God. Next, reach out to His workers here on earth. Last, let God take control!

## Prayer:

Dear God,

I know there will be times that I feel scared and hopeless. Help me to remember that you are always there for me. When I ask for help, give me wisdom to know what to do next. Help me to trust You and know that you are in control.

Thank you for Your promise to always be there for me.

Amen

## Activities to Try:

- Craft: Bible-Verse Boat (directions are in packet)
- Pop Goes the Fear
  - First, blow up the balloon (in packet). Next, use a Sharpie marker to write some of your fears on the balloon. Last, use the Jesus pin (in pack) to burst those fears!
- Maze (in packet)

Pick up these supplies from the Faith & Fun table if you are seeing this via the website



## Boat Directions:

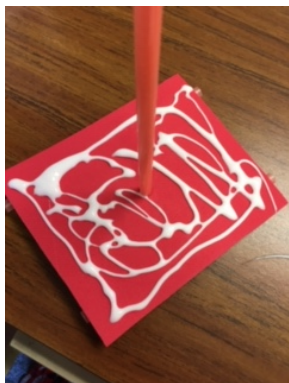
- 1) Find all the pieces. They are in the white envelope. I have already glued straws to the **BOTTOM** of the boat.



- 2) With a parent's help, use a scissors to gently poke a hole in the center of your boat.
- 3) Take your fuzzy stick. On one end, wad up the fuzzy stick to form a kind of knot. Push the other end through the hole in the bottom of the boat. The wadded-up end will keep it from going completely through the hole. Push the wadded end so it lays flat to the bottom of the boat.



- 4) Flip it over. Add glue to the top of the foam piece.



- 5) Lay popsicle sticks on the glue, starting at the middle and working outward. You should be able to squeeze them together around the fuzzy stick. This will be a bit messy.



- 6) Lay the last two sticks on top of the platform. (See the picture.)

- 7) Let it dry and come back later!

LATER:

- 8) Take the straw and slide it over the fuzzy stick. You will need to trim extra fuzzy stick off at the top if you have any peeking out from the straw.

- 9) Attach your Bible verse sail to the mast (straw). It helps to pre-fold on the center line. I used a glue stick for this step.



- 10) Try it out! Does it float?

